

\* All of our physicians have focused practice or specialist designations and will not negate family physicians \*

LOCATION	CLINIC	PHYSICIAN(S)
<input type="checkbox"/> First available		
<input type="checkbox"/> Burlington	ISM Rehab 3027 Harvester Rd, Unit 506	<input type="checkbox"/> Dr. Wade Elliott <input type="checkbox"/> Dr. Paul Echlin <input type="checkbox"/> Dr. Alok Gupta <input type="checkbox"/> Dr. Saif Shamshoon
	Fit for Life Physical Therapy 18 Plains Rd W, Unit 4	<input type="checkbox"/> Dr. Paul Echlin
<input type="checkbox"/> Grimsby	Physiotherapy Edge 159 Main St E, Unit 2	<input type="checkbox"/> Dr. Wade Elliott
<input type="checkbox"/> Niagara	Crossroads Physiotherapy 35 Albert St. W. 2 <sup>nd</sup> Floor. Thorold	<input type="checkbox"/> Dr. Katie Dalziel <input type="checkbox"/> Dr. Wade Elliott
<input type="checkbox"/> Hamilton	Hamilton Orthopedic Institute 840 Queenston Rd, Stoney Creek	<input type="checkbox"/> Dr. Katie Dalziel <input type="checkbox"/> Dr. Saif Shamshoon <input type="checkbox"/> Dr. Gabriella Ghanem <input type="checkbox"/> Any
	Insight Medical Centre 536 Concession St Hamilton	<input type="checkbox"/> Dr. Alok Gupta

### Patient Information

Please attach patient CPP

Name \_\_\_\_\_ Health Card \_\_\_\_\_ Version code \_\_\_\_\_

DOB \_\_\_\_\_ (D/M/Y) Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

### Reason for Referral

- |                                       |   |                                |   |   |
|---------------------------------------|---|--------------------------------|---|---|
| <input type="checkbox"/> Shoulder     | <input type="checkbox"/> R <input type="checkbox"/> L | <input type="checkbox"/> Hip   | <input type="checkbox"/> R <input type="checkbox"/> L | <input type="checkbox"/> <b>Injection:</b>    |
| <input type="checkbox"/> Elbow        | <input type="checkbox"/> R <input type="checkbox"/> L | <input type="checkbox"/> Knee  | <input type="checkbox"/> R <input type="checkbox"/> L | <input type="checkbox"/> Cortisone            |
| <input type="checkbox"/> Wrist / Hand | <input type="checkbox"/> R <input type="checkbox"/> L | <input type="checkbox"/> Ankle | <input type="checkbox"/> R <input type="checkbox"/> L | <input type="checkbox"/> Viscosupplementation |
| <input type="checkbox"/> Other _____  |   | <input type="checkbox"/> Foot  | <input type="checkbox"/> R <input type="checkbox"/> L | <input type="checkbox"/> PRP                  |

Please note referrals for back/neck/concussion are reviewed on a case by case basis. See criteria on next page

Brief Clinical History: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Referring Physician: \_\_\_\_\_ Address : \_\_\_\_\_

Billing Number: \_\_\_\_\_ Fax: \_\_\_\_\_ Phone: \_\_\_\_\_

## **Referral Criteria**

### **Low Back Pain Criteria**

Referrals for low back pain will be considered within the following guidelines:

- Patients any age with low back that is directly impacting on their ability to participate in sport or exercise. Referral must clearly indicate how low back pain is impacting on patient sport or exercise participation.
- Referrals for general low back not relating to exercise or sport are not within the mandate of our physician clinics
- Low back pain between ages of 8-20 who are participating in sports or exercise
- Low back pain associated with MVA or WSIB is not appropriate for our clinical setting

We recognize there is a great need for assessment and management of low back pain in the community. Patients that fall outside our clinic mandate and criteria we recommend considering referral to the MOH regional back assessment programs or other appropriate specialists

### **Concussion**

Referrals for concussion will be considered within the following guidelines:

- Dr. Echlin WSIB or MVA cases will not be accepted
- All other practitioners are not seeing concussion

We recognize there is a great need for assessment and management of concussion in the community. Patients that fall outside our clinic mandate and criteria we recommend considering referral to the Hamilton Concussion Clinic / ABI clinic or other appropriate specialists