SOUTHERN ONTARIO SPORTS AND EXERCISE MEDICINE

Referral Form (Durham)

Phone: 289 266 3036   info@sosaem.com
Fax: 855 953 3537   www.sosaem.com

* Please note all of our physicians have focused practice designations and will not negate family physicians *

LOCATION	CLINIC	PHYSICIAN(S)
☐ Whitby	JointAction Physiotherapy and Wellness Centre 676 Taunton Rd. E. Whitby, ON L1R 0K6	☐ Dr. Michael Larocque

Patient Information
Please attach patient CPP

Name _____ Health Card _____ Version code _____

DOB _____ (D/M/Y) Address _____

Home Phone _____ Cell Phone _____

Reason for Referral

☐ Shoulder   ☐ R ☐ L   ☐ Hip   ☐ R ☐ L   ☐ **Injection**:
☐ Elbow   ☐ R ☐ L   ☐ Knee   ☐ R ☐ L   ☐ Cortisone
☐ Wrist / Hand   ☐ R ☐ L   ☐ Ankle   ☐ R ☐ L   ☐ Viscosupplementation
                                        ☐ Foot   ☐ R ☐ L   ☐ PRP

Please see referral criteria on the next page for the following presentations:

☐ Neck   ☐ Back   ☐ Concussion

Brief Clinical History: _____
_____
_____
_____

Referring Physician: _____   Address : _____

Billing Number: _____   Fax: _____   Phone: _____

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x

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Referral Criteria

Low Back Pain Criteria
Referrals for low back pain will be considered within the following guidelines:

- Patients any age with low back that is directly impacting on their ability to participate in sport or exercise. Referral must clearly indicate how low back pain is impacting on patient sport or exercise participation.
- Referrals for general low back not relating to exercise or sport are not within the mandate of our physician clinics
- Low back pain between ages of 8-20 who are participating in sports or exercise
- Low back pain associated with MVA or WSIB is not appropriate for our clinical setting

We recognize there is a great need for assessment and management of low back pain in the community. Patients that fall outside our clinic mandate and criteria we recommend considering referral to the MOH regional back assessment programs or other appropriate specialists

Concussion
Referrals for concussion will be considered within the following guidelines:

- Dr. Larocque will see sport related concussions only (acute <3 month in duration), WSIB or MVA cases not accepted